

## Curriculum vita for Sigmund Karterud

**Name:** Sigmund Wiggen Karterud

**Date of birth:** 130645

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**MD:** University of Oslo, 1970

**Specialist in psychiatry:** 1979

**PhD:** University of Oslo, 1989

### Psychotherapy training:

Candidate at the Norwegian Psychoanalytic Institute 1980-1983

Diploma in group analysis, London 1990

### Main positions:

Residency in psychiatry 1973-1979

Research fellow NAVF 1980-1984

Consultant psychiatrist, the day unit, psych. dept. B, Ullevål Hospital 1984-1990

Medical director, psych. dept .B, Ullevål Hospital 1990-1992

Medical director, Psychiatric Division, Ullevål Hospital 1992-1995

Medical director, Department for Personality Psychiatry, Oslo University Hospital, 1995-2015

Professor of psychiatry, University of Oslo, Medical Faculty, Institute of Clinical Medicine 1991-2015

Director of The Norwegian Institute for Mentalizing, 2014 -

### Adjunct positions:

Private practice 1979-2015, 20%, state regulated

Training analyst, Institute of Group Analysis, Oslo, 1990-2008

Consultant, The Bergen Clinic Foundation, 20 %, on addiction and personality disorders, 2007-2012.

Training psychotherapist, Institute for Mentalization, 2009-

### Other professional organizational work/positions:

Head of the Committee for group psychotherapy training in Norway, 1983-1989.

Founding president, Norwegian Group Psychotherapy Association, 1989-1992

Head/member of Committee for research and professional development, Institute for Group Analysis, Oslo, 2003-2008

Council member IAGP (International Association of Group Psychotherapy) 1990-1996

Head of The Norwegian Network of Personality Oriented Treatment Programs 1992-

Founder and head of Forum for Self Psychology 1993-2008

Member of the Committee for the philosophy of psychiatry, Norwegian Psychiatric Association 1999-2011

Council member International Association for Psychoanalytic Self Psychology 1999-2008

Head of educational board for psychiatry, Faculty of Medicine, University of Oslo, 1999-2002

Head of board, Institute for Mentalization, 2009-

Council member ISSPD (International Society for the Study of Personality Disorders), 2008-  
Member of WHO review group for the revision of the personality disorders section of ICD-  
11, 2011-2012

### **Editorial work**

Coeditor of MATRIX (Nordic Journal of psychotherapy) 1989-1997  
Regional consultant, International Journal of Group Psychotherapy, 1990-1994  
Member of editorial board in International Journal of Therapeutic Communities, Matrix,  
European Journal for Self Psychology, International Journal of Group Psychotherapy  
Peer review consultant for Nordic Psychiatric Journal, Group Analysis, Matrix, International  
Journal of Group Psychotherapy, Therapeutic Communities, Personality and Mental Health

### **Published books:**

Vaglun, P., Jørstad, J., Karterud, S. (eds.) Institusjonsbehandling i moderne psykiatri.  
(Institutional treatment in modern psychiatry) Oslo: Universitetsforlaget 1984  
Karterud, S. Group Processes in Therapeutic Communities. Doctoral dissertation. Oslo: Eget  
forlag 1989  
Karterud, S. Fra narsissisme til selvpsykologi. En innføring i Heninz Kohut's forfatterskap.  
(From narcissism to self psychology. An introduction to the writings of Heniz Kohut) Oslo:  
Gyldendal forlag 1995  
Karterud, S., Monsen, J. (eds.) Selvpsykologi. Utviklingen etter Kohut. (Self Psychology. The  
development after Kohut) Oslo: Gyldendal forlag 1997.  
Karterud, S. Gruppeanalyse og psykodynamisk gruppepsykoterapi. (Textbook of Group  
Analysis and Psychodynamic Group Psychotherapy) Oslo: Pax forlag 1999  
Karterud, S., Urnes, Ø., Pedersen, P. (eds.) Personlighetsforstyrrelser. Forståelse, evaluering,  
kombinert gruppebehandling. (Personality Disorders. Comprehension, evaluation and  
combined group treatments) Oslo: Pax forlag 2001  
Schlüter, C., Karterud, S. Selvets mysterier. (Mysteries of the Self) Oslo: Pax forlag 2002.  
Karterud, S., Urnes, Ø., Wilberg, T. Personlighetspsykiatri (Textbook of Personality  
Psychiatry), Oslo: Gyldendal forlag 2010  
Karterud, S., Bateman, A. Manual for mentaliseringsbasert terapi (MBT) og MBT  
vurderingsskala. (Manual for mentalization-based treatment (MBT) and MBT adherence and  
competence scale). Oslo: Gyldendal forlag 2010  
Karterud, S & Bateman, A. Manual for mentaliseringsbasert psykoedukativ gruppeterapi,  
Gyldendal 2011.  
Karterud, S. Manual for mentaliseringsbasert gruppeterapi (MBT-G). Gyldendal 2012.  
Karterud, S. Mentalization-based Group Therapy (MBT-G): a theoretical, clinical and  
research manual. Oxford University Press, 2015.

### **Scientific articles:**

Around 150 articles, mainly in international journals, on therapeutic community treatment,  
group analysis and group psychotherapy, philosophy of science, psychotherapy, self  
psychology, mentalization, and personality disorders with respect to validity, treatment and  
course. .

### **Research activities:**

Head of the Research Group on Personality Disorders, which is a collaboration between 1)  
Institute of Clinical Medicine, Faculty of Medicine, University of Oslo, 2) Department for  
Personality Psychiatry, Oslo University Hospital and 3) Department for Research and  
Education, Oslo University Hospital.

The PD Research Group holds currently (2011) 4 PhD researchers on the topics of 1) outcome in the Ullevål Personality RCT Project after 36 months, with special reference to reflective functioning, 2) long term course of personality disorders and cost benefit studies of personality disorder treatment, 3) if there are essential differences between avoidant PD and social phobia, and 4) affect consciousness among patients with borderline and avoidant PD. The PD Research group dispose of the worlds largest database on patients with personality disorders (n=ca.4000) and has conducted a series of validation studies of all PD categories, published in Acta Scandinavica Psychiatrica, Comprehensive Psychiatry and Journal of Mental and Nervous Disease.

### **National research and competence networks**

The Norwegian Network of Personality Oriented Treatment Programs is a clinical research network which consists of 18 treatment units in Norway, specialized in the treatment of personality disorders.

The Norwegian State Department of Health has (2010) nominated Dept. for Personality Psychiatry as a National Center for Competence in Personality Psychiatry with national responsibilities for implementing evidence based evaluations and treatments concerning personality disorders in Norwegian Mental Health Services.

### **International collaboration**

Prof. Anthony Bateman and prof. Peter Fonagy, Anna Freud Centre, London: On mentalization based treatment (MBT) for patients with PD and development of the MBT adherence and competence scale.

Prof. Carsten Rene Jørgensen, University of Aarhus, and Bjorn Philips, Karolinska Institutet, Stockholm on development of the MBT adherence and competence scale.

Prof. Roel Verheul, Viersprong Institute for Personality Disorders, The Netherlands, on The Severity Indices for Personality Pathology (SIPP-118).

Prof. Paul T. Costa, National Institute on Aging/NIH, Baltimore, Maryland, US, on FFM profiles and stability of personality disorders.

Prof. Jaak Panksepp, Washington State University, US, on the Affective Neuroscience Personality Scale and affective consciousness

### **Main supervisor of PhD students:**

Geir Pedersen, PhD (2008) on the dissertation “Psychological assessment in clinical settings. Evaluation and clinical utility of psychometric measures for the treatment of patients with personality disorders”.

Elfrida Kvarstein (MD, PhD) (2013) on the dissertation: “The course of personality disorders with respect to symptoms, global functioning and costs of treatment”

### **Part time supervisor of PhD students:**

Theresa Wilberg, MD and PhD (1999) on the dissertation “Clinical studies of personality disordered patients treated in a psychotherapeutic unit, with emphasis on assessment, treatment and course”

Benjamin Hummelen, MD and PhD (2008) Validity studies of three DSM-IV personality disorder constructs: Obsessive-compulsive, avoidant and personality disorder not otherwise specified.