

Curriculum vita for Sigmund Karterud

Name: Sigmund Wiggen Karterud

Date of birth: 130645

Private address: Neuberggata 16, 0367 Oslo, Norway.

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Mobile phone: +47 97095144

MD: University of Oslo, 1970

Specialist in psychiatry: 1979

PhD: University of Oslo, 1989

Psychotherapy training:

Candidate at the Norwegian Psychoanalytic Institute 1980-1983

Diploma in group analysis, London 1990

Self Psychology, Cincinnati 1995-1997

Supervisor in group psychotherapy, 2000 –

MBT therapist, supervisor and trainer, 2010 -

Main positions:

Residency in psychiatry 1973-1979

Research fellow NAVF 1980-1984

Consultant psychiatrist, the day unit, psych. dept. B, Ullevål Hospital 1984-1990

Medical director, psych. dept.B, Ullevål Hospital 1990-1992

Medical director, Psychiatric Division, Ullevål Hospital 1992-1995

Medical director, Department for Personality Psychiatry, Oslo University Hospital, 1995-2015

Professor of psychiatry, University of Oslo, Medical Faculty, Institute of Clinical Medicine 1991-2015

Director of The Norwegian Institute for Mentalizing, 2014 – 2021

Private practice, 2019 -

Adjunct positions:

Private practice 1979-2015, 20%, state sponsored.

Training analyst, Institute of Group Analysis, Oslo, 1990-2008

Consultant, The Bergen Clinic Foundation, 20 %, on addiction and personality disorders, 2007-2012.

Served as consultant and supervisor for a range of MBT programs in Norway, Sweden and Denmark.

Other professional organizational work/positions:

Head of the Committee for group psychotherapy training in Norway, 1983-1989.

Founding president, Norwegian Group Psychotherapy Association, 1989-1992

Head/member of Committee for research and professional development, Institute for Group Analysis, Oslo, 2003-2008

Council member IAGP (International Association of Group Psychotherapy) 1990-1996

Head of The Norwegian Network of Personality Oriented Treatment Programs 1992-2015

Founder and head of Forum for Self Psychology 1993-2008

Member of the Committee for the philosophy of psychiatry, Norwegian Psychiatric Association 1999-2011

Council member International Association for Psychoanalytic Self Psychology 1999-2008
Head of educational board for psychiatry, Faculty of Medicine, University of Oslo, 1999-2002
Head of board, Institute for Mentalization, 2009-2014
Council member ISSPD (International Society for the Study of Personality Disorders), 2008-2011
Member of WHO review group for the revision of the personality disorders section of ICD-11, 2011-2012

Editorial work

Coeditor of MATRIX (Nordic Journal of psychotherapy) 1989-1997
Regional consultant, International Journal of Group Psychotherapy, 1990-1994
Member of editorial board in International Journal of Therapeutic Communities, Matrix, European Journal for Self Psychology, International Journal of Group Psychotherapy
Peer review consultant for Nordic Psychiatric Journal, Group Analysis, Matrix, International Journal of Group Psychotherapy, Therapeutic Communities, Personality and Mental Health, Journal of personality disorders, Frontiers of Psychology, and more.

Published books:

1. Vaglum, P., Jørstad, J., Karterud, S. (eds.) Institusjonsbehandling i moderne psykiatri. (Institutional treatment in modern psychiatry) Oslo: Universitetsforlaget 1984
2. Karterud, S. Group Processes in Therapeutic Communities. Doctoral dissertation. Oslo: Eget forlag 1989
3. Karterud, S. Fra narsissisme til selvpsykologi. En innføring i Heninz Kohut's forfatterskap. (From narcissism to self psychology. An introduction to the writings of Heniz Kohut) Oslo: Gyldendal forlag 1995
4. Karterud, S., Monsen, J. (eds.) Selvpsykologi. Utviklingen etter Kohut. (Self Psychology. The development after Kohut) Oslo: Gyldendal forlag 1997.
5. Karterud, S. Gruppeanalyse og psykodynamisk gruppepsykoterapi. (Textbook of Group Analysis and Psychodynamic Group Psychotherapy) Oslo: Pax forlag 1999
6. Karterud, S., Urnes, Ø., Pedersen, P. (eds.) Personlighetsforstyrrelser. Forståelse, evaluering, kombinert gruppebehandling. (Personality Disorders. Comprehension, evaluation and combined group treatments) Oslo: Pax forlag 2001
7. Schlüter, C., Karterud, S. Selvets mysterier. (Mysteries of the Self) Oslo: Pax forlag 2002.
8. Karterud, S., Urnes, Ø., Wilberg, T. Personlighetspsykiatri (Textbook of Personality Psychiatry), Oslo: Gyldendal forlag 2010
9. Karterud, S., Bateman, A. Manual for mentaliseringsbasert terapi (MBT) og MBT vurderingsskala. (Manual for mentalization-based treatment (MBT) and MBT adherence and competence scale). Oslo: Gyldendal forlag 2010
10. Karterud, S & Bateman, A. Manual for mentaliseringsbasert psykoedukativ gruppeterapi, Gyldendal 2011.
11. Karterud, S. Manual for mentaliseringsbasert gruppeterapi (MBT-G). Gyldendal 2012.
12. Karterud, S. Mentalization-based Group Therapy (MBT-G): a theoretical, clinical and research manual. Oxford University Press, 2015.
13. Karterud, S. Urnes, Ø. & Wilberg, T. Personlighetspsykiatri. 2nd revised edition. Oslo: Gyldendal forlag, 2017.
14. Karterud, S. Personlighet. ("Personality"). Oslo: Gyldendal forlag, 2017.
15. Karterud, S. Manual for gruppekurs om personlighet og personlighetsproblemer. Oslo: Gyldendal forlag, 2019

16. Juul, S., Simonsen, S. & Karterud, S. Kort og godt om mentalisering. København: Dansk psykologisk forlag, 2020.
17. Karterud, S., Folmo, E. & Kongerslev, M. Mentaliseringsbasert terapi (MBT), Oslo: Gyldendal forlag, 2020.
18. Karterud, S. Personlighetsfokuseret terapi. Oslo: Gyldendal forlag, 2022.

Scientific articles:

Around 200 articles, mainly in international journals, on therapeutic community treatment, group analysis and group psychotherapy, philosophy of science, psychotherapy, self psychology, mentalization, personality and personality disorders with respect to validity, treatment and course, primary emotions and evolution.

Research activities:

Head of the Research Group on Personality Disorders (until 2015), which is a collaboration between 1) Institute of Clinical Medicine, Faculty of Medicine, University of Oslo, 2) Department for Personality Psychiatry, Oslo University Hospital and 3) Department for Research and Education, Oslo University Hospital.

The PD Research group dispose of the worlds largest database on patients with personality disorders (n=ca. 12000) and has conducted a series of validation studies of all PD categories, published in Acta Scandinavica Psychiatrica, Comprehensive Psychiatry, Journal of Mental and Nervous Disease and others.

National research and competence networks

Until 2015 head of The Norwegian Network of Personality Oriented Treatment Programs, a clinical research network which consists of 20 treatment units in Norway, specialized in the treatment of personality disorders.

Until 2015 head of The National Service Center for Personality Psychiatry with national responsibilities for implementing evidence-based evaluations and treatments concerning personality disorders in Norwegian Mental Health Services.

International collaboration

Prof. Anthony Bateman and prof. Peter Fonagy, Anna Freud Centre, London: On mentalization based treatment (MBT) for patients with PD and development of the MBT adherence and competence scale.

Prof. Carsten Rene Jørgensen, University of Aarhus, and prof. Bjorn Philips, Karolinska Institutet, Stockholm on development of the MBT adherence and competence scale.

Assoc. prof. Sebastian Simonsen, Stolpegaard psychiatric institute, Copenhagen, and prof. Mickey Kongerslev, Psychiatric institute, Roskilde, on training and reliability of MBT adherence and competence scale.

Assoc. prof. Sune Bo Hansen, Psychiatric institute, Roskilde, on effects of MBT-G on adolescent patients with personality disorders.

Prof. Roel Verheul, Viersprong Institute for Personality Disorders, The Netherlands, on The Severity Indices for Personality Pathology (SIPP-118).

Prof. Paul T. Costa, National Institute on Aging/NIH, Baltimore, Maryland, US, on FFM profiles and stability of personality disorders.

Prof. Jaak Panksepp, Washington State University, US, on the Affective Neuroscience Personality Scale and primary emotions.

Prof. Freda Maria Francesca and assoc. prof. Giovanna Esposito, Department of Psychology, University of Napoli, Italia on MBT-G for students and addicted persons in Italy.
Giancarlo Dimaggio, Centre for Interpersonal Metacognitive Therapy, Roma, Italia.

Main supervisor of PhD students:

Geir Pedersen, PhD (2008) on the dissertation “Psychological assessment in clinical settings. Evaluation and clinical utility of psychometric measures for the treatment of patients with personality disorders”.

Elfrida Kvarstein (MD, PhD) (2013) on the dissertation: “The course of personality disorders with respect to symptoms, global functioning and costs of treatment”

Part time supervisor of PhD students:

Theresa Wilberg, MD and PhD (1999) on the dissertation “Clinical studies of personality disordered patients treated in a psychotherapeutic unit, with emphasis on assessment, treatment and course”.

Benjamin Hummelen, MD, and PhD (2008). Validity studies of three DSM-IV personality disorder constructs: Obsessive-compulsive, avoidant and personality disorder not otherwise specified.

Katharina Morken, PhD, (2014 - 2018) University of Bergen and the Bergen Clinic Foundation, Process and outcome of mentalization-based treatment for female patients with personality disorders and drug addiction.

Espen Folmo, (2015 -2021), University of Oslo and Department for Personality Psychiatry, Oslo University Hospital, Adherence and competence studies of mentalization-based group therapy.

Recent articles:

Karterud, S., Pedersen, G., Johansen, M., Wilberg, T., Davis, K. & Panksepp, J. (2016). Primary emotional traits in patients with personality disorders. *Personality and Mental Health*, 1-13. DOI 10.1002/pmh.1345.

Folmo, E. J., Karterud, S. W., Bremer, K., Walther, K., Kvarstein, E. & Pedersen, G. (2017). The design of the MBT-G adherence and quality scale. *Scandinavian Journal of Psychology*, 58: 341-349.

Morken, K. T. E., Binder, P. E., Molde, H., Arefjord, N. & Karterud, S. (2017). Mentalization-based treatment for female patients with comorbid personality disorders and substance use disorders: A pilot study. *Psykologisk.no /Sp/2017/12/e16/*.

Morken, K. T. E., Binder, P. E., Arefjord, N. & Karterud, S. (2017). Juggling thoughts and feelings: How do female patients with borderline symptomology and substance use disorder experience change in mentalization-based treatment? *Psychotherapy Research*, DOI: 10.1080/10503307.2017.1325021

Karterud, S. (2018). A high-quality mentalization-based group therapy session. *Group Analysis*, 51(1): 18-43.

Kalleklev, J. & Karterud, S. (2018). A comparative study of a mentalization-based versus a psychodynamic group therapy session. *Group Analysis*, 51(1): 44-60.

Kvarstein, E. H., Pedersen, G., Folmo, E., Urnes, Ø., Johansen, M. S., Hummelen, B., Wilberg, T. & Karterud, S. (2018). Mentalization-based treatment of psychodynamic treatment programmes for patients with borderline personality disorder – the impact of clinical severity. *Psychology and Psychotherapy: Theory, Research and Practice*. DOI: 10.1111/papt.12179

Karterud, S. (2018). Narsissisme, mentalisering og gruppeterapi. *Matrix*, 34(1).

Johansen, M. S., Karterud, S. W., Normann-Eide, E., Rø, F. G., Kvarstein, E. H. & Wilberg, T. (2018). The relationship between reflective functioning and affect consciousness in patients with avoidant and borderline personality disorders. *Psychoanalytic Psychology*, <http://dx.doi.org/10.1037/pap0000169>.

Karterud, S. (2018). Psykoanalysen mangler emosjoner. *Tidsskrift for Norsk Psykologforening*, 56(11): 1034-1037.

Karterud, S. (2018). Case formulations in mentalization-based group therapy. *Research in Psychotherapy: Psychopathology, Process and Outcome*. 21: 132-136.

Gulliksen, K. (2018). Mens vi venter på ICD-11. Intervju med Sigmund Karterud. *Tidsskrift for Norsk Psykologforening*, 56(4): 258-260.

Karterud, S. (2018). Velegnet for ungdom. *Tidsskrift for Norsk psykologforening*, 56(3): 188-189.

Bøen, E., Hjørnevik, T., Hummelen, B., Elvsåshagen, T., Moberget, T., Holtedahl, J. E., Babovic, A., Hol, P. K., Karterud, S. & Malt, U. F. (2019) Patterns of altered regional brain glucose metabolism in borderline personality disorder and bipolar II disorder. *Acta Psychiatrica Scandinavia*, 139: 256-268, DOI: 10.1111/acps.12997.

Karterud, S., Folmo, E. & Kongerslev, M. T. (2019). Personality and the group matrix. *Group Analysis*, DOI: 10.1177/0533316418824210.

Folmo, E. J., Karterud, S. W., Kongerslev, M., T., Kvarstein, E. H. & Stänicke, E. (2019). Battles of the comfort zone: Modelling therapeutic strategy, alliance, and epistemic trust – A qualitative study of mentalization-based therapy for borderline personality disorder. *Journal of Contemporary Psychotherapy*, <https://doi.org/10.1007/s10879-018-09414-3>.

Karterud, S. & Kongerslev, M. T. (2019). A Temperament, Attachment and Mentalization-based (TAM) theory of personality and its disorders. *Frontiers in Psychology*, doi: 10.3389/fpsyg.2019.00518

Karterud, S. (2019). Jeg samarbeider, derfor er jeg. *Morgenbladet* 18/10.19.

Karterud, S. (2019). Omkamp om libidoteorien? *Tidsskrift for Norsk Psykologforening*, 56(1): 44-46

Karterud, S. (2019). Eros? *Tidsskrift for Norsk psykologforening*, 56(2).

Karterud, S. (2019). Glemmer primære emosjoner. Tidsskrift for Norsk Psykologforening, 56(3): 190-191.

Karterud, S. & Kongerslev, M. (2019). Skisse til en moderne personlighetsteori. Tidsskrift for Norsk Psykologforening, 56(11): 834-843.

Esposito, G., Karterud, S. & Freda, M.F. (2019). Mentalizing underachievement in group counseling: Analyzing the relationship between members' reflective functioning and counselors' interventions. Psychol Serv. 2019 doi: 10.1037/ser0000350.

Morken, K.T.E., Binder, P.E., Arefjord, N.M., Karterud, S.W. (2019). Mentalization-Based Treatment From the Patients' Perspective - What Ingredients Do They Emphasize? Front Psychol, 10:1327. doi: 10.3389/fpsyg.2019.01327.

Karterud, S. & Kvarstein, E.H. (2019) Misleading about MBT in Oslo. BMC Psychiatry, 19(1):208. doi: 10.1186/s12888-019-2193-5.

Karterud, S. & Kongerslev, M. (2019). Case formulations in Mentalization-based treatment (MBT) of borderline personality disorder. I Cramer, U. (red.) Case formulation for personality disorders. Tailoring psychotherapy to the individual patient. Elsevier: London.

Morken, K. T., & Karterud, S. W. (2019). Mentalization-Based Group Therapy (MBT-G) in a Pilot Study of Female Personality Disordered and Substance-Abusing Patients. *GRUPPENPSYCHOTHERAPIE UND GRUPPENDYNAMIK*, 55(3), 183-205.

Fagbokpodden 2019: <https://podtail.com/no/podcast/fagbokpodden/personlighet-med-sigmund-karterud/>

Paap MCS, Braeken J, Pedersen G, Urnes Ø, **Karterud S**, Wilberg T, Hummelen B. (2020) A Psychometric Evaluation of the *DSM-IV* Criteria for Antisocial Personality Disorder: Dimensionality, Local Reliability, and Differential Item Functioning Across Gender. *Assessment*, 27(1):89-101. doi: 10.1177/1073191117745126.

Karterud, S., & Kongerslev, M. T. (2020). Psychotherapy of personality disorders needs an integrative theory of personality. *Journal of Psychotherapy Integration*. Advance online publication. <https://doi.org/10.1037/int0000196>

Karterud, S. (2020). Bakom løgnene. Tidsskrift for norsk psykologforening, 57, 9: 700-701

Karterud, S. (2021) Epistemisk tillit er et tvilsomt begrep. Tidsskrift for norsk psykologforening, 58(4): 289-291.

Forskning.no: 2021 <https://forskning.no/psykologi-usa/jeg-blir-forbloffet-over-hvor-dummeting-narsissister-kan-gjore-sier-norsk-ekspert/1795239>

Karterud, S. (2021). Narzissistische Phänomene in der Gruppentherapie. I Doering, S., Hartmann, H.P. & Kernberg, O. (red.) *Narzissmus*. Berlin: Schattauer.

Karterud, S. (2021). Massepsykologien i det vi har sett, er en tro kopi av Hitlers massemonstringer i mellomkrigstiden. Aftenposten, 15.01.2021

Karterud, S. (2021). Psykologiprofessor Dan McAdams har lagt Trump under et mikroskop. Morgenbladet, 06.08.2021.

Esposito, G., Formentin, S., Passeggia, R., Marogna, C. & Karterud, S. (2022). *Pseudomentalization as a challenge for therapists of group psychotherapy with drug addicted patients*. Frontiers in Psychology, <https://www.frontiersin.org/articles/10.3389/fpsyg.2021.684723/full>

Karterud, S. (2022). Å være en person. Tidsskrift for Norsk psykologforening, 59, 4: 277-281